

# January 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Morning Lap 5-6 am	4 Aqua Therapy/Lap Swim 10 – 11 am  Evening Lap 8:15 – 9:15 pm	5 Morning Lap 5-6 am	6 Aqua Therapy/Lap Swim 10-11 am	7
8	9 Aqua Therapy/Lap Swim 10-11 am Open Swim 6:30- 8 pm Evening Lap Swim 8:15-9:15 pm	10 Morning Lap 5-6 am	11 Aqua Therapy/Lap Swim 10 – 11 am  Evening Lap 8:15 – 9:15 pm	12 Morning Lap 5-6 am	13 Aqua Therapy/Lap Swim 10-11 am	14
15	16 <b>No Programs</b>	17 Morning Lap 5-6 am	18 Aqua Therapy/Lap Swim 10 – 11 am  Evening Lap 8:15 – 9:15 pm	19 Morning Lap 5-6 am	20 <b>No Programs</b>	21
22	23 Aqua Therapy/Lap Swim 10-11 am Open Swim 6:30- 8 pm Evening Lap Swim 8:15-9:15 pm	24 Morning Lap 5-6 am	25 Aqua Therapy/Lap Swim 10 – 11 am  Evening Lap 8:15 – 9:15 pm	26 Morning Lap 5-6 am	27 Aqua Therapy/Lap Swim 10-11 am	28
29	30 Aqua Therapy/Lap Swim 10-11 am Open Swim 6:30- 8 pm Evening Lap Swim 8:15-9:15 pm	31 Morning Lap 5-6 am	Feb 1 Aqua Therapy/Lap Swim 10 – 11 am  Evening Lap 8:15 – 9:15 pm	2 Morning Lap 5-6 am	3 Aqua Therapy/Lap Swim 10-11 am	