

# September 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Labor Day – No Aqua Therapy	5 Morning Lap 5-6 am	6 Aqua Therapy/Lap Swim 10 – 11 am	7 Morning Lap 5-6 am	8 Aqua Therapy/Lap Swim 10-11 am	9
10	11 Aqua Therapy/Lap Swim 10-11 am	12 Morning Lap 5-6 am	13 Aqua Therapy/Lap Swim 10 – 11 am	14 Morning Lap 5-6 am	15 Aqua Therapy/Lap Swim 10-11 am	16
17	18 Aqua Therapy/Lap Swim 10-11 am	19 Morning Lap 5-6 am	20 No Aqua Therapy	21 Morning Lap 5-6 am	22 Aqua Therapy/Lap Swim 10-11 am	23
24	25 Aqua Therapy/Lap Swim 10-11 am	26 Morning Lap 5-6 am	27 Aqua Therapy/Lap Swim 10 – 11 am	28 Morning Lap 5-6 am	29 Aqua Therapy/Lap Swim 10-11 am	30