



FALL 2017 KIDS POWER KARATE

Offered by:
City of St. Johns Recreation Department

Kids Power Karate is for kids ages 5-12 and offers traditional martial arts training with an emphasis on self-defense, physical fitness, conflict resolution, team work, discipline and anti-kidnapping techniques. Specifically designed for children and teaches prevention first. It does not promote active aggressiveness. This is an introductory program to traditional Tang Soo Do.

- Where:** TBD
- When:** October 9, 16, 23, 30, November 6 & 13
- Times:** Kids Power Karate (Ages 5-12): 6:30 – 7:15 p.m.
- Cost:** City Residents (must live within city limits) \$40, non-City Residents \$45
- Deadline:** **October 6, 2017**
- Questions:** Contact the Recreation Department at 224-8944 ext. 228 or check the website
<http://www.cityofsaintjohnsmi.com/Departments/ParksandRecreation/YouthPrograms.aspx>

Full Fee Must Accompany Each Registration - One Child Per Registration Form (Please Print)

Childs Name: _____ Home Phone: _____

Address: _____ City: _____ Zip: _____

E-mail Address _____ * You will get updates and information faster when you include your email

Grade: _____ Age: _____ Sex: M _____ F _____

Parents Names: _____ Phone: (C) _____



I recognize that my participation in sporting activities and athletic competition subjects me to certain risks of physical injury. I hereby assume this risk as my own and all responsibility for any such injuries as they relate to said participation in sports/recreational activities on City property or properties used for City recreational activities. By signing this document I agree to waive any rights or claims I may have for damages arising from injuries I may receive while participating in recreational events sponsored or supported by the City of St. Johns and/or the St. Johns Recreation Department. I hold harmless the City of St. Johns, St. Johns Public Schools, St. Johns Community Education and any of its employees or agents from all such claims, lawsuits, actions and/or damages.

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** _____

Please visit the website www.cityofsaintjohnsmi.com for extra registration forms and more information.

MAKE CHECK PAYABLE TO: City of St. Johns
 MAIL REGISTRATION TO: P.O. Box 477
 St. Johns, MI 48879
 Attn: Kid's Karate